

previous course length 08. 06. 2019

1 Stage Training in St.Jakob-Tösching / Lake Cup 20. 06. 2019 10 Controls for all categories / no timekeeping

2. Stage – Egelsee -Individual- Lake Cup-UWG 21. 06. 2019

Categories	Length (m)	climb(m)	Categories	Length (m)	climb(m)
W-10	1.900	35	M-10	1.900	35
W12-	2.200	65	M12-	2.200	65
W14-	2.900	110	M14-	2.900	110
W16-	3.300	125	M16-	4.200	140
W18-	4.200	140	M18-	4.300	145
W 19-	4.800	155	M 19-	5.200	195
W 35-	4.800	155	M 35-	5.200	195
W 45-	4.100	135	M 45-	4.300	140
W 55-	3.300	125	M 55-	4.200	140
W 65-	3.300	125	M 65-	3.300	125
Family	1.900	35	M 70	2.500	85
Open	4.300	145	Beginner	2.200	65

3. Stage - Marwiesen - Mixed Relay - UWG 22. 06. 2019

M/W -14	2.800	105	M/W - 18	3,1	125
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3. Stage - Marwiesen – Individual -Lake Cup 22. 06. 2019

W-10	1.200	10	M-10	1.200	10
W 19-	5.000	165	M 19-	5.600	185
W 35-	3.900	195	M 35-	5.600	185
W 45-	3.700	145	M 45-	4.500	140
W 55-	3.400	125	M 55-	3.700	145
W 65-	3.400	125	M 65-	3.400	125
Family	1.200	10	M 70-	2.400	85
Open	3.700	145	Beginner	1.700	55

4. Stage - Petelin –Individual- Lake Cup-UWG 23. 06. 2019

W -10	1.300	35	M-10	1.300	35
W12-	2.400	55	M12-	2.400	55
W14-	3.000	85	M14-	3.000	85
W16-	3.700	110	M16-	3.900	125
W18-	3.900	125	M18-	4.300	135
W 19-	4.800	155	M 19-	5.100	165
W 35-	4.800	155	M 35-	5.100	165
W 45-	3.900	125	M 45-	4.300	135
W 55-	3.700	110	M 55-	3.900	125
W 65-	3.700	110	M 65-	3.600	125
Family	1.300	35	M70-	2.400	65
Open	4.300	135	Beginner	1.600	35