
BULLETIN

(4.9.2019)

Zirbenland

Open 2019

Austriacup-Sprint
ÖM-/ ÖSTM-Mixed-Sprint-Relay
ÖSTM-/ Austriacup-Long (WRE)

14th - 15th September 2019
TÜPL Seetaler Alpe



ORGANISATION

Organising club: Orientierungslaufclub Graz
Organiser: Österreichischer Fachverband für Orientierungslauf

ORGANISING COMMITTEE

Event Director: Günter Kradischnig
Course Planners: Axel Koppert and Christian Marko
IOF-Event-Advisor: Wolfgang Pötsch
IT and Results: Karl Fink, Eugen Kainrath and Harald Zeiner
Jury: Erik Adenstedt (ÖFOL-president), Elisabeth Kirchmeir, Wolfgang Pötsch (ÖFOL-TD)

SCHEDULE

Austria Cup Sprint:

Saturday, September 14th, 2019, first start 12:00

Austrian Championships Mixed-Sprint-Relay:

Saturday, September 14th, 2019, first start 15:30 for M/W21 E, first start 16:30 for all other classes

Austrian Championships Long / Austriacup-Long:

Sunday, September 15th, 2019, first start 10:00

Start lists will be published approx. 3 days before the competition at
<http://www.oefol.at/anne/>

EVENT CENTER

Military training area “Truppenübungsplatz Seetaler Alpe”, Ossach 37, 8750 Ossach, Austria

GPS coordinates: 47.104377, 14.595654

(approach via Judenburg and Seetalstraße – about 14 km from Judenburg.)

Event Office: The event office is located in house 3 (opening hours: Saturday 10:00-18:00, Sunday 8:30-14:00).

Changing rooms, showers, toilets and shoe cleaning facilities are located in the ground floor of house 3 (women) and house 4 (men). Toilets are also available at the start of Sprint and Long.

Food and drinks: Pre-ordered meals can be found in house 6, drinks and self-made cakes will be served outside between houses 3 and 4.

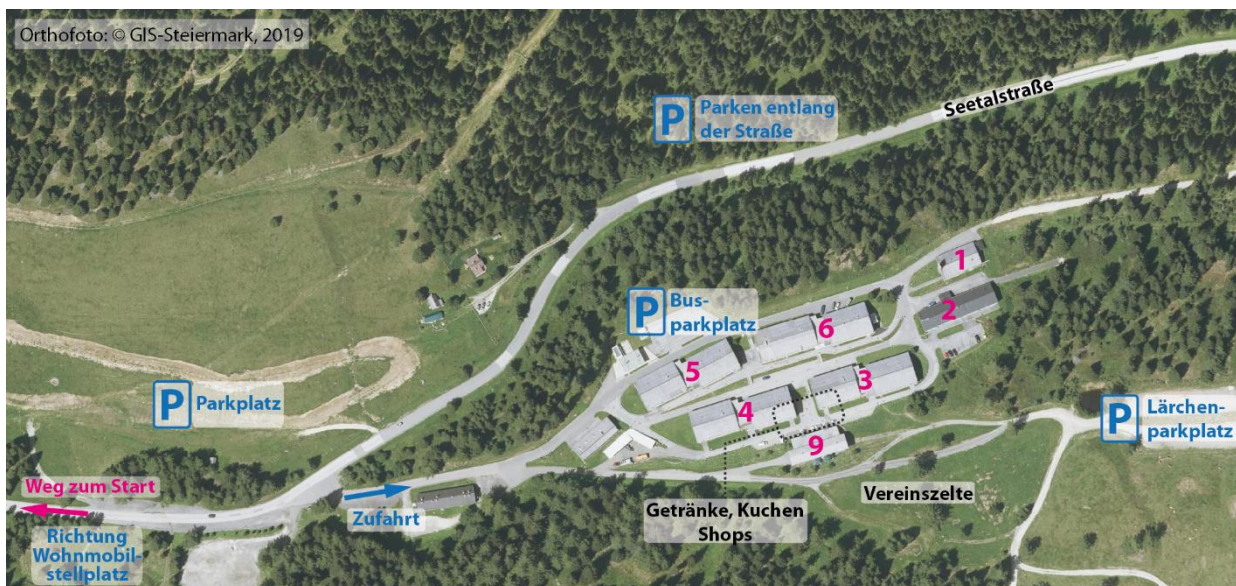
Recreation rooms / lounges: The cafe in house 9 and both big multi-purpose-rooms at the groundfloor of houses 3 and 4 can be used as lounges before, in between and after the competitions.

Club tents can be placed on the meadow before house 9.

At the event center Internet-connection is available via a free WIFI-network. Due to the remote competition area, the mobile network is limited. Best connections can be achieved via provider A1.

All houses must not be entered with orienteering shoes.

The event center is located in the competition area. It is not allowed to enter the forest around.



PARKING

There is a big parking place at the start of the cross-country track. Busses should park north of house 5. According to the organiser's instructions, cars can also be parked along the road Seetalstraße. Competitors staying at TÜPL overnight can park their cars at Lärchenparkplatz.

Campers staying overnight should use another parking place approx. 600 m away. Please follow the road Seetalstraße until Schmelzhütt'n. Walking back to the event center is only allowed along the road. Campers find power supply, showers, washing facilities and toilets in the house nearby.

Please follow the instructions given by the organisers!



PUNCHING SYSTEM

Sportident Air+ will be used as time-keeping system. A limited number of rental SI-Cards are available at the registration desk.

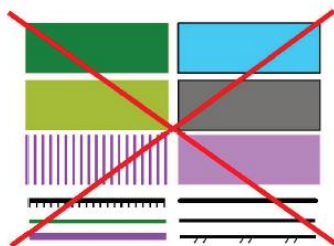
MAPS

Sprint and Mixed-Sprint-Relay:

Schmelz, ISSOM 2007, issued September 2019,
Gabor Toth and Nandor Vancsik

Scale 1:5.000, contour interval 2,5 m

Please be aware of the special signatures of ISSOM 2007: It's not allowed to cross or enter objects drawn with the following colours/symbols. Disregarding these instructions will lead to disqualification (there will be organisers in the terrain):



Especially, the following symbol (temporary barriers) must not be crossed:



Long:

Winterleitenseen, ISOM 2017, issued September 2019,
Gabor Toth and Nandor Vancsik

Scales:

1:10.000, 5 m (all elite categories)

1: 7.500, 5 m (all other categories, because of the detailed terrain)

Printed on Pretex (waterproof)

TERRAIN FORM

The competition area is located between 1500 and 2100 meters above sea level, it can be characterized as alpine/high-alpine.

The sprint competition will be held as a forest competition designed as a downhill course; the start is located on a higher level than the finish. The terrain is detailed with diverse vegetation, stone formations and offers predominantly good runnability.

The sprint relay will take place at the military training center. This competition area offers a variation of terrains, including an urban military area, pastureland (open fields) and forest.

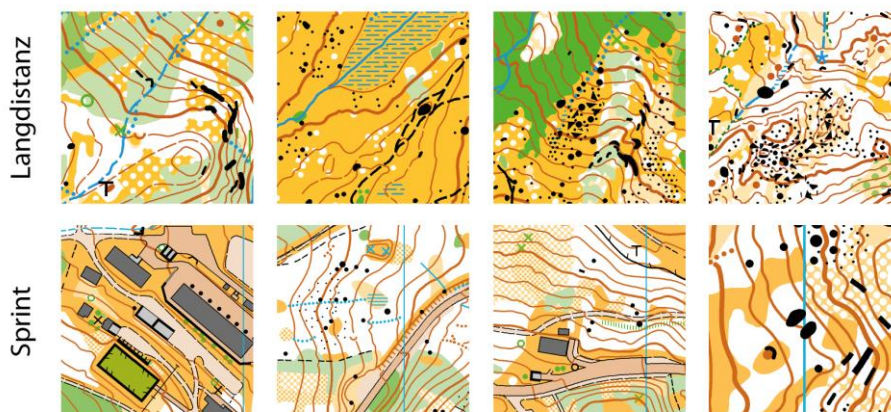
The long distance will predominantly be held in alpine terrain above the tree line to guarantee detailed technical orienteering. Due to marshes, semi-open green alder and mountain pine areas as well as stone formations the runnability can differ between good runnability and very tough passages.

Because of the very detailed area, only distinctive rocks and rootstocks are



mapped.

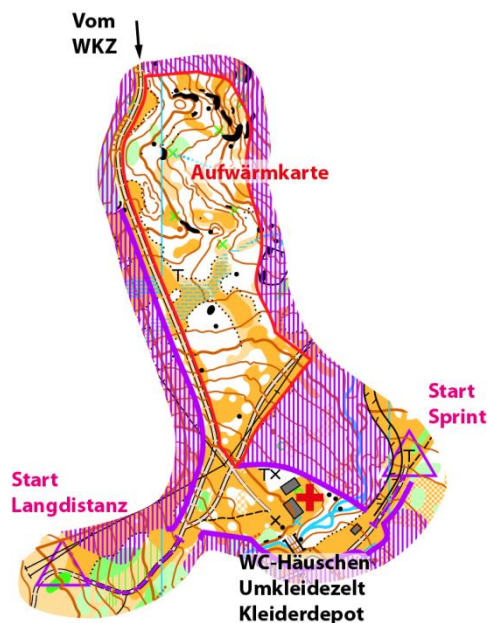
In the competition area, a lot of high cliffs can be found. In addition, a poorly travelled road leads through the competition area, which must be crossed several times. Please be careful!



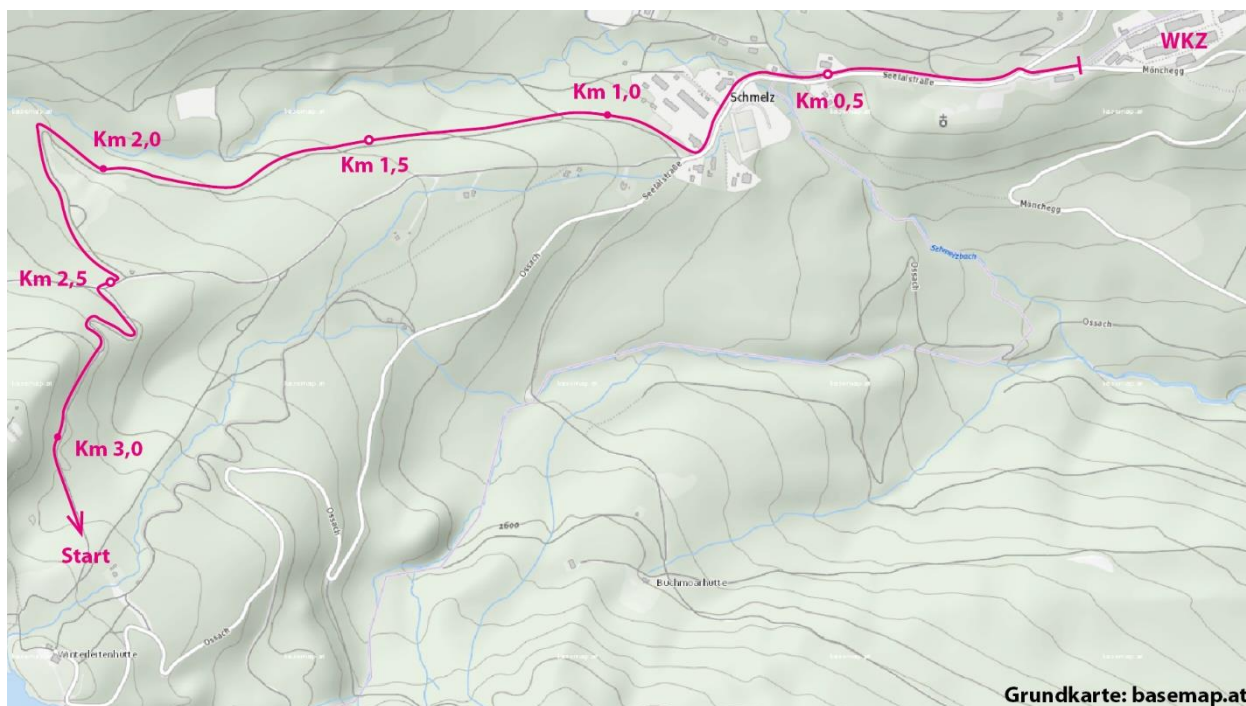
PRE START / WARM-UP

The way to the start of AC-Sprint and ÖSTM/AC-Long has a length of approx. 3,2 km with 250 meters of climbing. It is marked with red and white tapes. Warm up on the way to the start and in the starting area. In the starting area there are toilets and a drinking fountain, as well as a large tent available.

The way to the start leads through the competition area and military restricted area and therefore may not be left.



At the sprint relay competition competitors are only allowed to stay in the assigned spectator- and warm-up zone located at the start- and finish area (see Sprint Relay Map, called "arena"). The entire remaining military training centre is embargoed during the sprint relay competition from 14.45 -17.30.



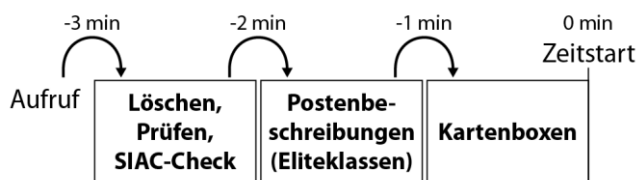
WARM-UP MAP

In the area of the sprint and long distance starts, a model event is offered (in the ISSOM / ISOM standard and in the scale of the respective competition). The warm-up maps are issued on the way to the start (approx. 500 m before the start).

The area of the model event is adjacent to the competition area and must not be left.



START PROCEDURE



WARM-UP CLOTHING

At the start, it is possible to leave warmup clothes. These clothes will be transported to the arena.



FINISH

Sprint: Marked path from the finish to the event centre, approx. 1.5 km - marked with yellow-black tapes.

Long Distance: For some classes with shorter predicted winning times, we use a "quiet finish" (finish 2), to allow everyone to run in the most scenic parts. The marked path to the competition centre (1.5 km) leads through the competition area and must not be left.

The finish of the other classes is in the arena at the event centre (finish 1).

In the individual categories, the maps are not taken away in the finish – we ask for fair play!

Please do not forget to read out the SI-cards in the event center (this also applies to runners who have given up the competition).

COURSE DETAILS

Austria Cup Sprint:

category	length [km]	climb [m]
D-10	0,8	5
D-12	1,1	10
D-14	1,2	15
D 15-18	1,2	20
D16 Elite	1,9	40
D18 Elite	1,9	50
D20 Elite	2,1	70
D21 Elite	2,1	70
D21 Kurz	1,5	35
D21 Lang	1,8	55
D35-	1,8	55
D40-	1,6	30
D45-	1,5	35
D50-	1,4	30
D55-	1,3	25
D60-	1,3	25
D65-	1,3	15
D70-	1,3	15
Damen Hobby	1,2	20
Neulinge	1,0	15
Familie	0,8	5
Offen Kurz	1,5	35

category	length [km]	climb [m]
H-10	0,8	5
H-12	1,1	10
H-14	1,3	30
H 15-18	1,3	20
H16 Elite	1,9	50
H18 Elite	2,1	55
H20 Elite	2,5	80
H21 Elite	2,5	80
H21 Kurz	2,0	50
H21 Lang	2,3	70
H35-	2,3	70
H40-	2,1	55
H45-	2,1	50
H50-	2,0	50
H55-	1,8	55
H60-	1,6	30
H65-	1,5	35
H70-	1,4	30
H75-	1,3	25
H80-	1,3	25
Herren Hobby	1,2	20
Offen Lang	2,0	60



ÖM/ÖSTM-Mixed-Sprint-Relay:

	Damen (D) / Offen B			Herren (H) / Offen A		
	length [km]	climb [m]		length [km]	climb [m]	
DHHD17-	2,3	50	16	2,5	75	17
HDH-16	2,0	45	19	1,9	55	15-17
HDH35-	2,2	50	17	2,3	65	16-17
HDH50-	2,2	45	18	2,3	60	18-20
Offen (ABA)	2,2	45	18	2,3	60	17-19

One man may be replaced by a woman. Therefore, at least one woman and one man must be part of one mixed relay team. There are no restrictions regarding open relays.

ÖSTM/AC Long WRE:

category	length [km]	climb [m]	finish	category	length [km]	climb [m]	finish
D-10	2,4	100	finish 2	H-10	2,4	100	finish 2
D-12	2,9	135	finish 2	H-12	2,9	135	finish 2
D-14	3,9	165	finish 2	H-14	4,4	205	finish 2
D 15-18	4,0	220	finish 2	H 15-18	4,4	210	finish 2
D16 Elite	5,4	270	finish 1	H16 Elite	6,2	250	finish 1
D18 Elite	6,2	290	finish 1	H18 Elite	7,1	365	finish 1
D20 Elite	6,7	375	finish 1	H20 Elite	8,8	500	finish 1
D21 Elite	8,4	400	finish 1	H21 Elite	10,4	610	finish 1
D21 Kurz	4,7	215	finish 1	H21 Kurz	6,4	320	finish 1
D21 Lang	5,9	245	finish 1	H21 Lang	8,8	500	finish 1
D35-	5,9	245	finish 1	H35-	8,8	500	finish 1
D40-	5,1	220	finish 1	H40-	7,1	365	finish 1
D45-	4,7	215	finish 1	H45-	6,8	355	finish 1
D50-	4,3	250	finish 2	H50-	6,3	300	finish 1
D55-	4,0	225	finish 2	H55-	5,9	245	finish 1
D60-	4,0	225	finish 2	H60-	5,1	220	finish 1
D65-	3,1	165	finish 2	H65-	4,7	215	finish 1
D70-	3,1	165	finish 2	H70-	4,3	250	finish 2
Damen Hobby	4,0	220	finish 2	H75-	3,1	165	finish 2
Neulinge	2,4	100	finish 2	H80-	3,1	165	finish 2
Familie	2,4	100	finish 2	Herren Hobby	4,0	220	finish 2
Offen Kurz	4,4	210	finish 2	Offen Lang	6,8	370	finish 1



CONTROL DESCRIPTIONS	<p>Sprint, Long: For all elite classes control descriptions are provided at the start. All other classes can pick up their control description in the event center. However, control descriptions are also printed on the maps. Text control description will be provided for following classes: Neulinge, Familie, D/H -10, D/H -12.</p> <p>Mixed-Sprint-Relay: Control description will be printed on the map only.</p>
NUMBER BIB	<p>Bib numbers must be placed visibly on the chest.</p> <p>For both individual competitions, personal number bibs will be provided (valid for both days). For the relay competition additional number bibs will be handed out.</p>
PRICE GIVING CEREMONY	<p>Price giving ceremony for ÖM/ÖSTM-Mixed-Sprint-Relay will be held right after the last finish on Saturday, at about 17:45.</p> <p>Price giving ceremony of the Austrian Championships Long, WRE Long and both Austria Cups (2-days-ranking) will be held on Sunday, at about 13:30.</p>
FOOD / DRINKS	<p>At both competition days there will be lunch (buffet), as well as dinner and breakfast offered in the competition center. The pre-ordered meals will be served in the dining hall of house 6.</p> <p><i>Please register for particular meals in Anne, we have to announce the number of meals one week before the event. There aren't any other possibilities to eat in the area of the event center (thanks for your understanding – the competitions take place in the mountains).</i></p> <p>Furthermore, warm and cool drinks as well as cake will be served between houses 3 and 4.</p> <p>If relevant, please pay the accommodation at TÜPL as well as the pre-ordered meals, at the registration desk. It is only possible to pay for all club members together. At the registration you will get the keys for the pre-booked rooms and vouchers for the meals. For all competitors arriving already at Friday evening: Please contact Günter Kradischnig directly about further details at guenter.kradischnig@integratedconsulting.at.</p>
KIDS CARE	<p>Saturday, 11:30 - 17:30 and Sunday, 8:30 - 14:00 in house 3.</p>
KIDS COURSE	<p>Saturday, 13:30 - 14:00 and Sunday, 12:30 - 13:30, start and finish in the competition center.</p>
FIRST AID	<p>Medical coordination: Univ.-Prof. Dr. Christian Walch</p> <p>Red Cross Judenburg will be available in the competition center.</p> <p>Mountain rescue Judenburg is available in the start area (Einsatzhütte) and during long distance also in the competition area (see map symbol) and in the area of the drinking stations.</p>



SPRINT

Schedule:

12:00 first start, afterwards start according to start list
maximum running time 60 min.

Free starting time between 12:15 and 13:15 for the categories Offen-Kurz, Offen-Lang, Neulinge and Familie.

LONG

Schedule:

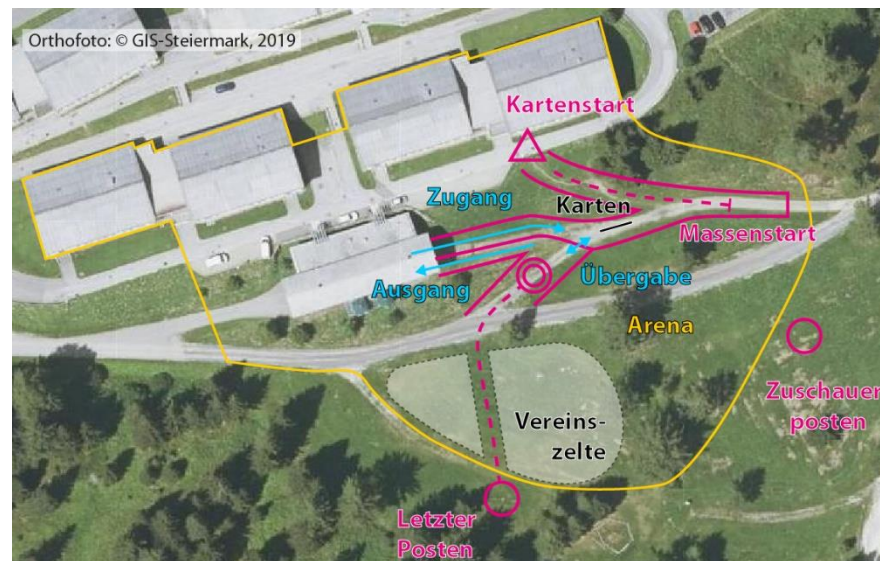
10:00 first start, afterwards start according to start list
maximum running time 150 min.

Free starting time between 10:15 and 12:15 for the categories Offen-Kurz, Offen-Lang, Neulinge and Familie.

MIXED-SPRINT-RELAY

The sprint relay takes place in the area of the competition center. During the relay (14:45-17:45) it's only allowed to stay in the arena (yellow area on the following plan).

Please respect these rules in the sense of fair-play – otherwise re-lays will be disqualified!



Schedule:

Announcement of the relay composition latest 14:30 o'clock at the race day.

From 14:45 stay only in the yellow area

15:20 demonstration of the relay handover

15:30 start DHHD17-

16:30 start HDH35- and HDH50-

16:35 start HDH-16 and Offen

17:15 mass start for not yet started runners

18:00 finish closes



Handover:

Runners can be seen after approx. two thirds of the course at a spectator control. If the runner before passes the spectator control, one can enter the change-over area. In the change-over area there are SI-stations for clear, check and SIAC-test. The incoming runner hands-over to the next runner with a high-five. The outgoing runner takes his/her map from the map holder and starts the race by following the mandatory route to the map start. The maps are marked with the starting number of the team and the leg number. Every runner is responsible to take the right map.

Map change: The maps are printed on both sides. During the course runners have to turn the map.

LINKS

Website of the event:

<http://www.olc-graz.at/cms/index.php/zirbenlandopen2019>

Website of the austrian orienteering federation (ÖFOL):

<http://www.oefol.at> respectively <http://www.oefol.at/anne>

Live-Results:

<https://liveresultat.orientering.se/>

FURTHER DETAILS

This event is organized according to the competition rules of the Austrian Orienteering Federation. The organizing club is not responsible for any harm, damage or injury, as well as eventual claim towards third parties. Every runner participates at one's own risk.

The provisions of the Road Traffic Regulations and the Austrian Forest Act need to be followed. In case of the event's cancelation neither the Austrian Orienteering Federation nor the organizing club will cover any incurred expenses.

By registering to these competitions, the runner agrees to the publication of any photograph taken by the organizers during the competition as well as the online publication of the result list.

The team of OLC Graz is looking forward to seeing you at Zirbenlandopen 2019.



Thanks to our sponsors and supporters:

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