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19.06.2023

# **3<sup>rd</sup> International Orienteering Coaches Conference 2023**

**Invitation - Guests** 

The Austrian Orienteering Federation (ÖFOL) invites all interested people to join the 3<sup>rd</sup> International Orienteering Coaches Conference in August 2023 in Faak am See (AUT).

#### **General Information**

The 3<sup>rd</sup> edition of the *International Orienteering Coaches Conference*, organized by the Austrian Orienteering Federation and BSPA (Bundessportakademie Austria), will take place in the beginning of August in Carinthia, located in southern Austria and is part of the current Austrian coaches education programme. Team representitives (e.g. coaches, sports directors,...) of the leading orienteering countries will organise coaching lessons, which include presentations, discussions, group works and practical exercises. The Coaches Conference will be opened for guests/interested people, such as team representatives or (personal) coaches.

#### Date

Tuesday, 08.08.2023 - Thursday, 10.08.2023

#### Location

BSFZ Faaker See, Halbinselstraße 14, Carinthia, Austria; BSFZ Faaker See

#### Topics

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There will be an emphasis on the following topics/questions/problems in the coaching lessons:

- Assumption of (elite) orienteering in the future (up to ten years)
- Structure/Organisation of the high performance field in national federation (teams, coaches full/part time, budget, athletes, Foot-O/MTBO/Ski-O, etc.)
- Individual support for the athletes: tasks of national team coaches vs. personal coaches
- Performance diagnostics: approach/methods/tools
- Austrian Orienteering perspective and recommendations
- Introduction/Realisation of a best practice orienteering training (optional)



#### **Preliminary Schedule**

Date	Event	Details/Remarks
Tuesday, 08.08.2023		
08:00 - 10:30	Coaching lesson – Nation 1	Schedule will be affected by the number of attending nations
10:30 - 13:00	Coaching lesson – Nation 2	
14:00 - 16:30	Coaching lesson – Nation 3	
16:30 - 19:00	Coaching lesson – Nation 4	
afterwards	Social Event	
Wednesday, 09.08.2023		
08:00 - 10:30	Coaching lesson – Nation 5	
10:30 - 13:00	Coaching lesson – Nation 6	
14:00 - 16:30	Coaching lesson – Nation 7	
16:30 - 19:00	Coaching lesson – Nation 8	
Thursday, 10.08.2023		
08:00 - 10:30	Coaching lesson – Nation 9	
afterwards	Wrap-up, free discussion	

#### **Organisational Information**

<u>Arrival/Departure:</u> Self-organisation. Do not hesitate to contact us, if you need help.

Train stations: Faak am See (local train from/to Villach) &

Villach Hbf (International connections: Vienna, Ljubljana, Venice, Salzburg, Munich)

Airports: Klagenfurt, Graz, Vienna International Airport, Ljubljana

Accommodation: Self-organisation. There are many hotels in the surrounding region.

<u>Costs/payment</u>: For international guests  $\in$  75,- per day (3 days  $\in$  200,-). It is possible to participate one to three days.

Entry: For international guests via e-mail: ausbildung@oefol.at .

#### Information and Contact

Detailled information (exact time schedule, etc.) of the coaches conference will be provided later.

Günter Kradischnig, General leader of the Coaches Conference, Organisation Guenter.Kradischnig@integratedconsulting.at

Florian Kurz, Education issues, Austrian Orienteering Federation, Bulletins and information <u>ausbildung@oefol.at</u>

Mathias Peter, Contact person for travelling issues mathi.peter@hotmail.com

## We are looking forward to an exciting and informative International Orienteering Coaches Conference in August 2023!



Österreichischer Fachverband für Orientierungslauf Ausbildungskoordinator: Florian Kurz, <u>ausbildung@oefol.at</u>



### Status of participation (20th June 2023)

Nation	Participants	Other Aspects
Austria	Radek Novotný	
Czech Republic	Radek Novotný	Covers AUT and CZE
Denmark	Tue Lassen	
Finland	Petteri Kähäri Miia Niittynen	Thierry Gueorgiou – virtual or with paper
France	Charly Boichut	
Great Britain	Tom Bray	Tom Bray is Coach of the Development Squad
Hungary	Daniel Fehervari Julia Juhasz Bettina Sandor	
Norway	Janne Salmi (invited)	
Sweden	Anneli Östberg	
Switzerland	Kilian Imhof (invited)	



