

02.08.2023

3rd International Orienteering Coaches Conference 2023

Bulletin 2

General Information

The 3rd edition of the *International Orienteering Coaches Conference*, organized by the Austrian Orienteering Federation and BSPA (Bundessportakademie Austria), will take place in the beginning of August in Carinthia, located in southern Austria and is part of the current Austrian coaches education programme. Team representatives (e.g. coaches, sports directors,...) of the leading orienteering countries are invited to organise coaching lesson (approx. 2 hours), which may include presentations, discussions, group works and practical exercises. Generally, the audience include the participants of the coaches' education programme, representatives of the Austrian Orienteering Federation and of course the attending team representatives. Potentially, the coaches conference will also be opened for interested people (entry fee), such as coaches from clubs or other teams.

Date

Monday, 07.08.2023 – Thursday, 10.08.2023

Location

BSFZ Faak am See, A-9583 Faak am See, Halbinselstraße 14, Carinthia, Austria; [BSFZ Faaker See](#)
Vortragssaal

Topics

The participants of the coaches' education programme have developed the following topics/questions/problems, which should be considered in the coaching lessons:

- Assumption of (elite) orienteering in the future (up to ten years)
- Structure/Organisation of the high performance field in your national federation (teams, coaches – full/part time, budget, athletes, Foot-O/MTBO/Ski-O, etc.)
- Individual support for the athletes: tasks of national team coaches vs. personal coaches
- Performance diagnostics: approach/methods/tools in your country
- Recently added: How are gender-specific questions in training and competitions dealt with?
- How do you see Austrian Orienteering? Perspective and recommendations from your point of view
- Introduction/Realisation of a best practice orienteering training (optional)

Of course, topics can be adapted and changed at any time if desired.

Time Schedule

Date	Event	Details/Remarks
Monday, 07.08.2023	Arrivals	
Tuesday, 08.08.2023		Official start of the conference
08:00 – 10:15	Coaching lesson – Norway	Janne Salmi (virtual)
10:30 – 12:45	Coaching lesson - Austria and Czech Republic	Radek Novotný
14:00 – 16:15	Coaching lesson – Sweden	Hakan Carlsson (virtual)
16:30 – 18:45	Coaching lesson – Switzerland	Kilian Imhof
19:30 -	Social event	Buschenschank Ischnighof, can be reached by running, walking, biking or car (8,0km, 275m)
Wednesday, 09.08.2023		
08:00 – 10:15	Coaching lesson – Finland	Petteri Kähäri, Miia Niitynen, Thierry Guergiou (virtual)
10:30 – 12:45	Coaching lesson – Hungary	Daniel Fehervari, Julia Juhasz, Bettina Sandor
14:00 – 16:15	Coaching lesson – France	Charly Boichut
16:30 – 18:45	Coaching lesson – Denmark	Tue Lassen
Thursday, 10.08.2023		
08:00 – 10:15	Coaching lesson – Great Britain	Tom Bray
10:30 – 12:00	Wrap-up and free discussion	
14:00 – 17:00	Best practice O-training examples	Charly Boichut (?), Tom Bray, Thierry Guergiou

Organisational Information

For coaches: Accommodation is in the BSFZ and in the Naturel Hotels & Resorts Dorf SCHÖNLEITN, Dorfstraße 26, A-9582 Oberaichwald, +43 5 023 84, info@naturelhotels.com, www.schoenleitn.at. Travel issues as arranged separately. Travel, accommodation and full-board costs will be covered for one person per country. The coaching lesson will be paid according to official system of the Austrian coaches' education programme (approx. 200 € for three lessons (2,25 hours)).

For guests: Accommodation and travel: self-organisation (if not arranged differently).

Entry fee to be transferred to ÖFOL account (IBAN: AT152011100004947088, BIC: GIBATWW) by 07.08.2023.

Information and Contact

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We are looking forward to an exciting and informative
International Orienteering Coaches Conference !