

Smolensk - "the Key" to the heart of Russia

Smolensk is one of the oldest cities in Russia, the administrative, industrial and cultural center of the Smolensk region.

The city is called "the key" to the heart of Russia, Moscow. The first mention of Smolensk dates back to 863.

The city is located 378 kilometers south-west from Moscow on the banks of the river Dnieper, which is flowing through the territory of three countries.

Smolensk has a favorable geographical position. It is situated on the routes from Moscow to Belarus, the Baltic States, countries of Central and Western Europe. The city stretches for 25 km from west to east and 15 km from north to south. Its territory is 166.35 km². The population is 329,853 people.

Smolensk is one of the largest student centers in Russia. There are 6 state higher educational institutions in the city. The total number of students is about 20,000.



The main monument of architecture in Smolensk is an outstanding construction - Smolensk Fortress wall, which had a huge defensive importance for the Russian state for many centuries. Now this unique architectural monument is the third largest fortress in the world. Smolensk has a unique relief. The urban area is cut by a large number of deep ravines, valleys and streams that flow into the Dnieper River. The height difference in the city is about 80 meters, so it is believed that the city lies on "7 hills". The rich vegetation, undulating terrain, and a large number of rivers give Smolensk a beautiful and picturesque view.

Smolensk region is the birthplace of the world's first cosmonaut Yuri Gagarin, the great Russian composer Mikhail Glinka, the Russian traveler and naturalist Nikolai Przhevalsky.

Smolensk State Academy of Physical culture, Sport and Tourism

Main Information.

The Smolensk State Institute of Physical culture and sport was founded in 1950 by resolution of the Council of Ministers (order № 5064-r, 13th of April). The Smolensk State Institute of Physical Culture was granted the status of «Academy» in 2005 and renamed to the Federal State-Financed Educational Establishment of Higher Education «Smolensk State Academy of Physical



culture, Sport and Tourism» (Federal Agency of Physical Culture order № 400, July 7th, 2005). The full name according to the present regulations is Federal State-Financed Educational Establishment of Higher Education «Smolensk State Academy of Physical culture, Sport and Tourism».



Logistical Support

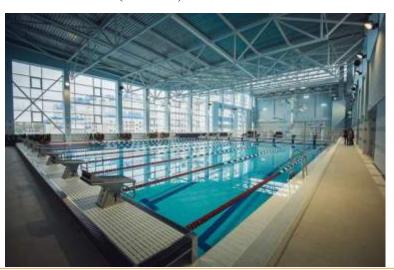
For the organization and carrying on the educational process, the Academy has buildings with the total area of 37299,0 m2.

Educational, sport and residential complexes are situated in the city center and include 8 lecture rooms (746 seats), 56 classrooms (1456 seats), 5 computer classrooms, 6 specialized laboratories, assembly hall (450 m2), 11 gyms,

dining room (230 seats), 2 buffets, library (380 m2) with a reading hall (149 m2), three students' dormitories for 800 persons and a health center (239 m2).

Since 2006 Smolensk State Academy of Physical Culture Sport and Tourism has been implementing The Special Federal Programme "Development of Physical Culture and Sport in The Russian Federation for the period of 2006 - 2015".

The construction of sport and educational buildings, such as: Ice Arena, Track-and-Field Manege, Stadium, Swimming pool (50 meters long), open sport grounds is completed.



2020 FISU World University Orienteering Championship

Organisers

On behalf of the International University Sports Federation, the 2020 FISU World University Orienteering Championships will be organised by:



MINISTRY OF SPORT OF THE RUSSIAN FEDERATION

RUSSIAN STUDENTS
SPORT UNION



RUSSIAN ORIENTEERING FEDERATION



ADMINISTRATION
OF SMOLENSK REGION



ADMINISTRATION OF SMOLENSK CITY



SMOLENSK STATE ACADEMY OF PHYSICAL CULTURE, SPORT AND TOURISM



NATIONAL PARK "SMOLENSK LAKELAND"



ORIENTEERING FEDERATION
OF SMOLENSK REGION



2020 FISU World University Orienteering Championship

The planned program

	Morning	Afternoon/Evening
Saturday 11th	Arrivals and accreditation,	City tour, training (optional, self -
	training (optional, self-service)	service)
Sunday 12th	Arrivals and accreditation,	City tour, training (optional, self-
	training (optional, self-service)	service)
Monday 13 th	Model event (forest), 1st General	WUOC Opening Ceremony
	Technical Meeting,	
Tuesday 14 th	1 WUOC Sprint Relay	
Wednesday 15 th	2 WUOC Sprint	
Thursday 16 th	3 WUOC Long Distance	
Friday 17 th	4 WUOC Middle Distance	
Saturday 18nd	5 WUOC Relay	Closing Ceremony, Banquet, Departures
Sunday 19 st	Departures	

Competition Rules

The FISU Regulations for World University Championships and the Competition Rules for the IOF Foot Orienteering events (valid from 1st of January 2020) will be followed in the event.

Participants

Only the competitors, who satisfy the following conditions may take part in a FISU World University Championships in 2020:

- must have the citizenship of the country they represent;
- must be at least 17 and not more than 25 years of age on January 1st in the year of the event; for 2020, athletes must be born between the 01/01/1995 and the 31/12/2002
- must be students who are currently officially registered as proceeding towards a degree or diploma at a university or similar institute whose status is recognized by the appropriate national academic authority of their country;
- may be former students of the institutions mentioned above, who have obtained their academic degree or diploma in the year preceding the event

Each country can join a team of 12 participants (6 women and 6 men) and 5 team officials

Each country may enter in:	four (4) males and four (4) females
Long distance	
Middle distance	four (4) males and four (4) females
Sprint distance	four (4) males and four (4) females
Relay	two (2) male teams of three (3) persons and two
	(2) female teams of three (3) persons
Mixed Relay	one (1) team of two (2) female runners and two (2)
	male runners



Accreditation

Official FISU Accreditation will be 12-13th July 2020 at the event centre.

FISU Registration Fees

FISU shall receive from each competing country the following FISU registration fees:

- member-associations of FISU: 20 euros (€) per participant
- non-member associations: 40 euros (€) per participant

These fees will be invoiced to the participating delegations by FISU.

Participation Fees to the Organizing Committee (full board and event services):

- a participation fee of 70 euros (€) per person per night
- extra officials will pay a participation fee of 140 euros (€) per person per night The Organizing Committee will provide you with invoices by request for the payment of the participation fees or the fees may be paid to the following bank account:

Transportation

Organizers will arrange all transportation during the WUC orienteering.

Transport of participants, who will not arrive by own cars, will be organised on request from the Sheremetyevo international airport in Moscow.

Please contact Anastasia by e-mail: byshevskaiaeco@gmail.com

Climate

The climate of Smolensk is continental with warm summers and cold winters. It is formed mainly under the influence of moist air from the Atlantic, but at any time of the year the influx of arctic air masses is possible.

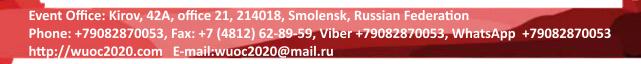
WEATHER CONDITIONS

During the wuc	Average	Maximum/Minimum
temperature	21,7 °c	32,6 °c/11,6 °c
	yearly average	during the wuc

INFORMATION AND MEDIA

The official website for 2020 WUC orienteering is online at www.wuoc2020.ru On Facebook you can find us by name: WUC Orienteering 2020. The contents of the pages are updated continuously.

There will be a media center in Hotel-Arena, with facilities for interviews and daily media briefings for local and international media. Media representatives and any other official representatives are requested to register by contacting the LOC.



Deadlines for Entries

General Entries	By 14th of February 2020
Quantitative Entries 25 % deposit of	By 14th of May 2020
participation fees	
Individual Entries	By 14th of June 2020
Travel schedules of the delegations	
Media Individual Entries	
Balance of participation fees	Upon arrival/by invoice
Final confirmation of competitors	At 1st General Technical Meeting

All the general, quantitative and individual entries as well as travel schedules for each person should be filled in online, using FISU online accreditation system at:

FISU has provided all National University Sports Federations the passwords for the system.

Conditions for entry into Russia

Representatives of the CIS countries (Armenia, Belarus, Georgia, Kazakhstan, Kyrgyzstan, Moldova, and Ukraine) do not need a visa. Other countries receive visas in accordance with the current immigration legislation of Russia.

Visas have to be applied for at the nearest Embassy of Russia.

Please note that conditions for entry into Russia can be changed and all 2020 WUC orienteering participants are advised to keep abreast of the current situation by consulting their local Russian Embassy.

Event Centre and Accommodation

By 2020 our goal is to create an atmosphere of the Olympic village in the University town of Smolensk state Academy of Physical culture, Sports and tourism, which is located in the center of Smolensk.

The campus is equipped with a full range of conference rooms and sports facilities, which include gyms, swimming pool, track, physiotherapy rooms and others. In the center of events there will be a meeting of the officials of the team.

The official event Center 2020 WUC orienteering will be located in Arena-Hotel.

Athletes and officials will be accommodated in the hotel "Arena", which is located on the territory of the University and was built in 2015. Participants will be accommodated in double rooms.

Meals will be organised for the participants. As for the menu, all meals will be served as a buffet with a mixed variety of meat and fish, accompanied by rice, potatoes or pasta and a variety of vegetables and salads. The menu will take into account different religious and dietary preferences. The menu will feature national and European cuisine.

On some days, due to the busy schedule, lunch, including hot meals, will be served at the finish race arenas.

For teams interested in an earlier visit to Smolensk, the sports center is happy to make an offer. Please contact Anastasia by e-mail: byshevskaiaeco@gmail.com



Embargoed areas

With reference to the Competition Rules for IOF Foot Orienteering Events, the listed areas are out of bounds for all potential WUOC 2020 team members (competitors, team leaders, coaches, doctors, escorts, etc.) and other persons who, through their knowledge of the terrain or the events, may influence the result of the competitions being held during WUOC 2020. Spelt out in detail this means:

no organized orienteering activities may take place in these areas.

no training sessions, i.e. running/races, testing routes may take place in these areas.

no-one with potential connection to a team (athletes or others) may visit the embargoed areas.

Offences must be reported to the WUOC 2020 Office, e-mail: wuoc2020@mail.ru

Copies of the most recent versions of the orienteering maps of the embargoed areas are published on the website of WUOC 2020.

Embargoed areas of WUOC 2020 and previous O-maps:

(bigger maps for embargoed areas and previous maps are available on website at www.wuoc2020.com).

Map details

Maps are drawn according to the International Specification for Orienteering Maps (ISOM2017-2) and the International Specification for Sprint Orienteering Maps (ISSprOM2019).

WUOC Competition map	Scale	Contour interval
Mixed Sprint Relay	1:4000	2,5 m
Middle Distance	1:10000	2,5 m
Sprint	1:4000	2,5 m
Long Distance	1:10000	2,5 m
Relay	1:10000	2,5 m

Embargoed areas

55.508102 31.780053



Embargoed areas



Terrain descriptions

WUOC 2020 Sprint Relay, Sprint. Smolensk «Central square».	
Scale 1:4000, Contour interval 2,5 m	
Land form	Flat area between 190-250 meters above sea level.
Vegetation	Parks, urban areas
Runnability	Excellent
Visibility	Excellent
Paths and roads	Urban area and some developed paths.

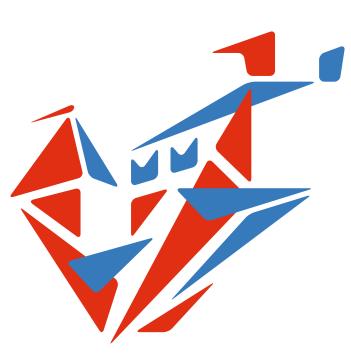


WUOC 2020 Long, middle, relay -National Park "Smolensk lake land"	
Scale 1:10000, Contour interval 2,5 m	
Land form	Crossed area between 180-210 meters above sea level
Vegetation	mixed Forests, lot of vegetation details.
Runnability	Ranging from very good to difficult, swamps of different
	terrain
Visibility	Ranging from very good to limited.
Paths and roads	Paths and roads Developed network of paths and forest
	roads.









ORIENTEERING 2020

FISU World University Championship

Smolensk Russia