



Österreichischer Fachverband für Orientierungslauf

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ÖFOL ELITE TEAM FOOT ORIENTEERING Selection Criteria 2024

TEST RACES

- A. 3.000m track test 10.5. (Wien)
- B. KO sprint Q 10.5. (Poysdorf)
- C. KO sprint F 11.5. (Poysdorf)
- D. WC KO Sprint 25.5. (Olten, SUI)
- E. WC Sprint 26.6. (Olten, SUI)
- F. WC Sprint 1.6. (Genoa, ITA)
- G. WC Sprint Relay 2.6. (Genoa, ITA)
- H. Long distance 22.6. (Kromeriz, CZE)
- I. Middle distance 23.6. (Kromeriz, CZE)
- J. Selection race middle 5.9. (Finland, ÖFOL)
- K. Selection race long 6.9. (Finland, ÖFOL)

COMMONS

- In exceptional situations also an athlete not taking part in test races can be selected.
- Track test generates points according to the Scoring table attached.

SELECTION PROCESS

Always two steps:

1. Selection proposal made by the coaches (head coach, assistant coach).
2. Gremium assessment (ÖFOL Sport Director, head coach) where SD has the decisive vote.

WC SUI + ITA | May 25 – June 2

Selection size	minimum 4+4
Direct places	<ul style="list-style-type: none"> ▪ Jannis Bonek pre-selected ▪ 1w+1m winner of the 3k track test A (condition: an ÖFOL Elite team member); pre-selected don't count ▪ 3w+2m from the ranking based on A,B,C (track points + KO Q 5-1p + KO final 5-4-3-2-1-0p); already selected athletes don't score points
Wild cards based on	<ul style="list-style-type: none"> ▪ test races B,C ▪ running skills (preferably at least at 6p.) ▪ previous international results in sprint-O ▪ performance trends and perspective
Remarks	<ul style="list-style-type: none"> ▪ No wild cards is also an option, especially if current running skills wouldn't be sufficient for international sprint orienteering. ▪ Selection for just one part (SUI or ITA) may also happen.
Decision published by	May 14 th

WOC GREAT BRITAIN | July 12-16

Selection size	minimum 3+3
Direct places	<ul style="list-style-type: none"> ▪ Jannis Bonek pre-selected ▪ best placed 1m+1w in one of the two sprint WC races wins a place in a WOC sprint (the better rank from E and F counts); in case of tie the rank from the worse race decides; then eventually the sum of times of E and F; pre-selected don't count
Wild cards based on	<ul style="list-style-type: none"> ▪ test races B-G (with stress on the WC races) ▪ running skills (preferably at least 6p at track test) ▪ previous international results in sprint-O ▪ suitability for the race type
Decision published by	<ul style="list-style-type: none"> ▪ June 6th

EOC HUNGARY | August 17-20

Selection size	minimum 6m+4w
Direct places	<ul style="list-style-type: none"> ▪ Weltklassegruppe pre-selected (2m) ▪ best Austrians in H and I selection race (= 1-2m and 1-2w, pre-selected don't count) ▪ filling up to 5m+3w based on ranking from EOC selection races H+I (5-1 points in each of the races; Weltklassegruppe don't count for points; selected winners from H count for points in I as well; in case of tie the result in the race I decides)
Wild cards based on	<ul style="list-style-type: none"> ▪ test races H+I ▪ previous recent international forest-O results ▪ running skills ▪ performance trends and perspective
Remark	<ul style="list-style-type: none"> • Direct selection secures the right to run at least one of the individual races at EOC. • Some of the WOC-selected athletes might be given a pre-selection for EOC to enable a full focus towards WOC.
Decision published by	June 26th

WC FINLAND | September 26-29

Selection size	minimum 6m+4w
Direct places	<ul style="list-style-type: none"> ▪ 1+1 best Austrians in EOC 2024 Middle final ▪ 1+1 best Austrians in EOC 2024 Long final ▪ filling up to 4m+3w based on the ranking from selection races J and K (5-1p in each of the races; pre-selected don't count; in case of tie result at long decides)
Wild cards based on	<ul style="list-style-type: none"> ▪ test races J+K ▪ previous recent international forest-O results ▪ performance level and experience level in Scandinavia ▪ running skills ▪ performance trends and perspective
Decision published by	September 13 th

TRACK TEST SCORING TABLES 2024

Herren 3.000m

WR	8:25	8p
8:26	8:35	7p
8:36	8:45	6p
8:46	8:55	5p
8:56	9:05	4p
9:06	9:15	3p
9:16	9:25	2p
9:26	9:40	1p

Damen 3.000m

WR	10:15	8p
10:16	10:25	7p
10:26	10:35	6p
10:36	10:45	5p
10:46	10:55	4p
10:56	11:05	3p
11:06	11:15	2p
11:16	11:30	1p

SELECTION PROCESS

Always two steps:

3. Selection proposal made by the coaches (head coach, assistant coach).
4. Gremium assessment (ÖFOL Sport Director, head coach) where SD has the decisive vote.

November 28th 2023

Gernot Ymsén (ÖFOL Sport Director)

Radek Novotný (ÖFOL Elite Team Head Coach)